OPENING DECEMBER 11TH, one of America’s first environmentally responsible and sustainable healthcare facilities: The Gabrellian Women’s and Children’s Pavilion at Hackensack University Medical Center.

INTRODUCING THE HOSPITAL THAT WILL CHANGE HOSPITAL ENVIRONMENTS FOREVER.

IT’S IN HACKENSACK, NEW JERSEY.
To the community,

In the year 2000, when we began planning The Gabrellian Women’s and Children’s Pavilion, we realized we could go beyond today’s building and healthcare delivery paradigms. We had an extraordinary opportunity to build a prototype medical complex to meet tomorrow’s emerging environmental, medical, information technology, and customer service needs.

We started with the understanding that constructing and/or operating a structure with environmental hazards can result in a building that can make people sick. And since we are dedicated to making people healthier, we asked ourselves: can we create an environment that heals? The answer is yes. In The Gabrellian Women’s and Children’s Pavilion, we’ve gone out of our way to avoid using chemicals and materials, routinely but unnecessarily used in construction, that are harmful to people. We’ve installed systems that save energy and other resources, and promote clean air and clean water. That we voluntarily meet and exceed U.S. Green Building Council guidelines for Leadership in Energy and Environmental Design (LEED). What’s more, all cleaning supplies, linens, medical equipment, and even the foods prepared for patients, staff members, and visitors are environmentally responsible.

We’ve also drawn on our information technology leadership. For the past seven years, we have been named one of the nation’s “100 Most Wired Hospitals & Health Systems for Effective Use of Information Technology” by the magazine Hospitals and Health Networks. Now, in The Gabrellian Women’s and Children’s Pavilion, all patients will have, at their bedside, Internet and email access.

Last but not least, we understand that superior patient care in a homelike environment is essential to the healing process. In fact, J.D. Power and Associates has singled out Hackensack University Medical Center for Distinguished Hospital Recognition for Outstanding Patient Experience. Now, in The Gabrellian Women’s and Children’s Pavilion, we integrate state-of-the-art care with the art of superior caring.

In a 300,000-square-foot, six-story building, The Gabrellian Women’s and Children’s Pavilion brings together a number of components: The Joseph M. Sanzari Children’s Hospital, which has been named one of the top 25 children’s hospitals in America by Child magazine; The Donna A. Sanzari Women’s Hospital, which is ranked in the top 15 percent in the country for women’s health services by HealthGrades®, the nation’s leading source for healthcare quality information; and The Mark Messier Skyway for Tomorrows Children, which connects the Children’s Hospital with the DON IMUS-WFAN Pediatric Center for Tomorrows Children, the facility housing our nationally renowned outpatient programs for children.

Most important, the pavilion embodies all these components in a building that is a new paradigm, creating the hospital of tomorrow...today.

John P. Ferguson
President and
Chief Executive Officer
THE BEST OF MEDICINE.

In survey after survey, Hackensack University Medical Center is regularly named one of the top hospitals in America. This excellence in medical care is carried forward in The Donna A. Sanzari Women’s Hospital and The Joseph M. Sanzari Children’s Hospital.

FOR WOMEN: A 21ST-CENTURY HOSPITAL COMBINING THE MOST SOPHISTICATED TECHNOLOGY IN A HOMELIKE ENVIRONMENT OF PEACE AND LUXURY.

Focusing on obstetrics, The Donna A. Sanzari Women’s Hospital provides every kind of diagnostic and therapeutic test for pregnant women. From four-dimensional ultrasound to electronic monitoring of mother and child, maternal-fetal medicine specialists diagnose and treat high-risk pregnancies. In this premier delivery site, in spacious and comfortable labor and delivery rooms, the emphasis is on letting women’s partners participate fully in the birthing process. And the hospital will have one of the most sophisticated obstetrical intensive care units.

Following through to gynecological care...and a gate-way to women’s total health. Today’s women are extremely busy with many responsibilities dividing their time, but it’s easy for them to find all their healthcare needs met here. The hospital more than 100 physicians provide high-quality, highly compassionate healthcare services to women of all ages – everything from preventive well-woman exams to ovarian cancer screening to pelvic floor reconstructive surgery.

Advanced technology. The hospital’s advanced technology – including laparoscopes, lasers, and robotic instrumentation – enables physicians to treat many gynecologic problems with a minimally invasive approach. Highly specialized reproductive techniques increase a couple’s chance for a baby. The hospital’s gynecologic oncology services and research are nationally recognized.

FOR CHILDREN: COMPREHENSIVE CARE BY A TALENTED AND DEDICATED STAFF IN A COMFORTING, COMPASSIONATE, FAMILY-CENTERED ENVIRONMENT.

For a serious illness or major trauma, an immediate team of specialists. Here is a designated children’s hospital in action. In minutes, The Joseph M. Sanzari Children’s Hospital can mobilize, at a child’s bedside, a team that includes every necessary pediatric specialist and subspecialist, from cardiology to oncology to intensive care. And in the emergency room, specially trained physicians and nurses can promptly meet not only the medical needs of children but also the psychosocial needs of them and their families.

State-of-the-art technology. This allows the hospital to perform everything from epilepsy surgery to bone-marrow and kidney transplants and conduct genetics research into the causes of sudden infant death. And the hospital’s neonatal unit has individual rooms for each baby and the baby’s family – quiet microenvironments which promote healing.

The best medicine isn’t just medicine. Using storytelling, drama, art, music, dance, and/orpet therapy, certified child life specialists work with children and their families to make the hospital experience less fearful and more positive. Pediatric social workers help families find the financial and emotional resources to keep themselves together and functioning. Teachers help children keep up with their education. Parents of patients with children and their families are regularly named one of the top hospitals in America. This excellence in medical care is carried forward in The Donna A. Sanzari Women’s Hospital and The Joseph M. Sanzari Children’s Hospital.

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The overall aesthetics, design, and amenities of The Gabrellian Women’s and Children’s Pavilion were heavily researched by Hackensack University Medical Center and examined by focus groups that gauged public opinion. As a result, women, children, and families will find:

Throughout the world, hospitals are relying more and more on computers for their medical and management operations. Now, in The Gabrellian Women’s and Children’s Pavilion, patients will also have the benefit of computers.

In each private patient room: a wireless key-board and a 32-inch flat-screen television. Patients can roam the Internaut, email family members and colleagues, and participate in interactive medical education programs relating to their condition.

Physician-to-patient communication, wherever a physician is. InTouch Health’s NP-R for Remote Presence – which the staff has affectionately dubbed “Mr. Rounder” – facilitates this communication even if a physician is out of town.

Wireless mobile laptops make patient infor-mation immediately accessible to the medical staff. These laptops record patients’ vital signs, medical status, prescriptions, and other informa-tion. Doctors can sign into this system from remote locations to check on their patients or to order tests and/or medications.

All medical images stored on a dedicated website. This lets physicians view the images on any computer, in or out of the medical center.

THE BEST OF TECHNOLOGY.

THE BEST OF HUMANITY.

Downstairs, valet parking, and room service. From the moment people come to The Gabrellian Women’s and Children’s Pavilion, they feel welcome and are treated as guests. Whatever someone wants is only a phone call away.

Places to meditate, worship, consult, learn, and play. Each of the two hospitals has its own meditation room. There are consultation/education spaces, a family resource center, and play areas for children.

From the atrium to retail shops: light and positive energy. A two-story atrium brings daylight into the core of the build-ing. And this sense of warmth continues throughout, from the entrance lobbies (one for each hospital) to the gift shop and the children’s clothing/toy store.

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Rooms with the appointments and amenities of a fine hotel. All beds are private patient rooms with private bath-rooms. The bathrooms have hairdryers and, in the shower niches, fine personal care products. Each room has rooming- in accommodations.

Food that makes people forget “hospital” food. Patients can enjoy delicious organic menu options, visitors have an inviting restaurant, and there are facilities for kosher meal preparation.

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A BOLD ENVIRONMENTAL VISION 
AND ACCOMPLISHMENT FOR OTHERS TO FOLLOW

Cleaner air.
A U.V. treatment/HVAC system reduces airborne pathogens and contributes to superior indoor air quality.

Woodsman, spare that old tree!
Certified wood products throughout the building ensure that no old-growth wood was used. Rapidly renewable tree species and managed forestry contribute to the expanding sustainable wood industry.

Better drywall.
Gypsum drywall manufactured with recycled content keeps materials from the landfill and reduces the need for additional raw materials used in manufacturing.

Not your run-of-the-millwork.
Millwork contains a wheat/strawboard core that utilizes readily renewable resources and eliminates formaldehyde, commonly used in the production of wood products.

Doors to the future.
Doors contain a recycled core with low-VOC stain/finish. The core gives a second life to recycled materials, while the exteriors use rapidly renewable wood and a finish that reduces volatile organic compounds or VOCs.

The power to save power.
Energy-efficient HVAC systems reduce power consumption.

Purer water.
A sediment filtration system in the food service kitchen purifies water used in cooking and food preparation.

Other ways to get here.
Alternative transportation accommodations will enable patients and visitors to access the hospital via mass transit, which includes trains, buses, bicycles, and taxis. Shower facilities are provided for bicyclists, and power receptacles are available in the parking garage for alternative power vehicles.

Paint it healthy.
Low- or non-VOC emitting materials such as interior paints, finishes, adhesives, and sealants help maintain healthy indoor air and reduce allergy triggers.

Greening the Cleaning®
Made from naturally derived ingredients, the products of The Deirdre Imus Environmental Center at Hackensack University Medical Center are environmentally responsible and less toxic than most traditional cleaning agents. Yet, from hand soap to basin, tub, and tile cleaner, they are as effective as what they replace – in some cases even more effective.
In the dark? Good!
Motion sensors reduce power usage by shutting the lights off when no occupants are in a room.

Jean therapy.
Cotton insulation made from preconsumer recycled denim jeans eliminates the asbestos and formaldehyde sometimes found in conventional insulation. It also reduces irritation to the skin, nose, throat, and lungs associated with traditional fiberglass insulation.

Every drip counts.
Conventional irrigation systems have been eliminated where possible. Drip irrigation systems are used to reduce water consumption.

A blooming roof.
The establishment of a rooftop garden will generate energy savings through shading and insulation, reducing heat islands and cooling costs, and increasing habitat for local wildlife.

Safer toys.
Toys for pediatric patients and the waiting areas were chosen using environmentally responsible criteria, including formaldehyde-free wooden toys and plastic toys free of PVCs.

In the dark? Good!
Motion sensors reduce power usage by shutting the lights off when no occupants are in a room.

The strong and sensible type.
The building's steel structure is comprised of approximately 97 percent steel.

Alternatives to PVC.
Wall protection systems constructed of non-PVC material eliminate the need for systems traditionally made with PVC.

Progress underfoot.
Rubber flooring made from renewable resources is free of PVC, heavy metals, halogens, plasticizers, formaldehyde, and asbestos. It is a long-wearing alternative to vinyl made from nonbiodegradable, nonrecyclable and nonrenewable petroleum resources.

In 2001, Hackensack University Medical Center opened The Deirdre Imus Environmental Center for Pediatric Oncology. As its founder and president, Deirdre Imus sets the center’s mission: “I see a future in which we identify, control, and ultimately prevent environmental factors that cause adult and especially, pediatric cancer. To this end, the center educates the public about the carcinogens and other environmental factors that too commonly affect our lives – and helps shape policy decisions that impact our environment and our well-being.”

Deirdre Imus

“I believe even the environment in a hospital should heal.”

As a spokesperson for Hackensack University Medical Center and an unwavering ambassador for environmental responsibility, Deirdre Imus has taken an active lead in the planning and construction of The Gabriellian Women’s and Children’s Pavilion. The Deirdre Imus Center evaluated the materials and practices involved in every aspect of the development of the building. As a result, according to Green Guide for Healthcare, Hackensack University Medical Center is one of the first hospitals in the country to build a truly environmentally responsible, sustainable healthcare facility. The pavilion will serve as a resource and role model for hospitals and other large buildings throughout the nation, improving the environment in which more and more Americans work, learn, and are healed.

Says Deirdre Imus, “Someday, all hospitals will be built this way.”
MANY VOICES, A SINGLE MISSION: TO BUILD THE GREATEST HOSPITAL IN THE WORLD.

Mark Gabriellian

“We expect this building bearing the name Gabriellian to stand not only as a memorial to a great man — my father — but more importantly as an example for others to follow. My father always believed in leading by example. It’s fitting that a portion of his legacy will reside forever here at Hackensack University Medical Center, an institution he believed was a crucial component of the Northern New Jersey community.”

Donna A. Sanzari

“Since joining the team at Hackensack University Medical Center, my husband and I have become even more impressed by the medical center’s high level of quality and dedication. So I am deeply honored to have my name on such a major building here. The Donna A. Sanzari Women’s Hospital expresses my commitment to giving all women a facility where, in a safe and comfortable setting, all their health and wellness needs can be met. I look forward to helping the center and the hospital grow. I am dedicated to helping provide the best health-care possible to the women and families who come here.”

Manny Alvarez, M.D.
Chairman of the Department of Obstetrics and Gynecology, The Donna A. Sanzari Women’s Hospital

“We have created the women’s hospital of the 21st century. Starting with world-class prenatal and obstetrical care and premier delivery facilities, and moving on to gynecological and total women’s wellness, we provide our patients with the best and latest technologies, treatments, and medicines — and the attention of physicians representing every obstetrical, gynecological, and women’s health specialty. And we do this in 150,000 square-feet of space that is welcoming, whether you are a patient, a family member, or a friend, once you walk through our doors, you will become part of our living hospital, and part of our family.”

Jeffrey R. Boscamp, M.D.
Physician-in-Chief, The Joseph M. Sanzari Children’s Hospital

“The Joseph M. Sanzari Children’s Hospital expresses a new vision for how pediatric medicine is practiced. By bringing together, under one roof, talented pediatric specialists and subspecialists, and giving them the latest high-tech tools, we can give every child the prompt care that he or she needs. By making the environment beneath this roof child- and family-friendly, we create an atmosphere even more conducive to healing. We can assure parents that nothing — from the most routine to the most complex — is left undone for their children or for them. That’s the difference a comprehensive children’s hospital can make.”

Mark Messier

“To have Hackensack University Medical Center create a skyscraper in my name is truly an honor. While the view provides a sun-filled passageway to the wonderful, new Gabriellian Women’s and Children’s Pavilion, it was our vision to create a hockey fantasyland for children receiving treatment in times of critical care and their families. It is now our hope that this space will provide a brief distraction for the many remarkable children who must fight the battle for their everyday.”

Suzen Heeley
Director, Design and Construction

“Our entire design and construction team has worked to make the pavilion environmentally responsible, yet without compromising quality and good design. Women’s spaces feature warm earth tones, rich, dark woods, translucent panels inset with natural twigs and grasses, and custom-designed, patterned carpeting; shaded hanging light fixtures shed soft light to read by. The children’s hospital lobby features animated colored LED lighting, creating constantly changing light shows, while video screens beneath cascading water empower children to project their own movement onto the screens. In patient areas, walls are sprinkled with colored lights and whimsical colors and shapes, lifting the spirits of children from 1 to 21.”

Acting Governor
Richard Codey

“Access to quality medical care is the state of New Jersey is a top priority. The opening of The Gabriellian Women’s and Children’s Pavilion is an outstanding example of the future of health care not only for the residents of New Jersey but nationwide. Congratulations to Hackensack University Medical Center on this exceptional endeavor and we applaud you for bringing the hospital of tomorrow to New Jersey today.”